

Springeagle

Dear Springeagle:

It has been a while I have posted. So in I was ponder this question and thought I put it out for your consideration.

My opinion:

We are all energy of course. But have been calling our self-spirits in the physical. I thought about energy and how it was present before we where. The EARTH IS MASS OF ENERGY. We have heard of many ways we began this

Activity we call life. It is not the answer I seek. I want to know what is your perception of what is God?

Thanks — **BRENDA**

Hi Brenda:

In my mind God is the main energy source and we are fragments he has sent out into the universe to represent whatever job or life we have come to represent.

Each lifetime is different but connected Karmic ally. The fragment of light energy that is our selves is our spirit and this is the part of each of us that is God.

Therefore I believe the spirit is our God self-striving to work the body or form we were borne to be.

Our Spirit maintains all the personalities of the entities we have ever lived within.

Blessings — **Springeagle**

Dear Springeagle:

I have a question in reference to my families' problem.

Whenever someone states a problem with someone else, the problem is ignored and it seems to escalate not just tension, but new problematic scenarios. Is there any remedy?

With love — **Rhoda**

Dear Rhoda:

Many families have this problem. When I was a kid, my family just kept yelling louder and louder. Nothing ever got solved.

You all have to learn to take one problem, deal with it to the end then work on the next one. Learn how to be more objective and use less emotion when doing this. Proper communication skills, patients, tolerance and understanding is the best way to work out problems.

Blessings — **Springeagle**

Dear Springeagle:

Hello angel love and thank you so much for responding to my question--this is really something I should have let go of a long time ago, normal people don't dwell on things long periods of time, but I have this infamous knack for doing so--and in the process, can alienate anyone who is close to me--I really at times have thought I was crazy for feeling the way I do, because for all intents and purposes he has blown me off, or my dramatics, as I've been told, were too old--I am married and so is he but I always knew I liked him--meaning his opinion of me mattered and he had qualities that drew me to him--I messed things up in a big way by running my mouth about him constantly and thinking that he had similar interest/attraction/like for me--and I based this on the fact that he did at times seem uncom-

fortable around me--but I'm not from this area, don't really know too many people and supposedly, it's different--whatever that means--people told me that whatever I thought I felt from him was how he is with all women and his wife is open to it--what has been driving me crazy, is how could I have been so wrong--I know he is angry/doesn't care for me now--and believe me I do feel like a fool--and I am aware that I caused it--what do you think? — **Jan**

Hi Jan:

What I thinks is happening is that when you get near something you like you begin to get despite, over react and dramatize things out of fear. I used to do these things and destroyed many relationships in doing so.

You need to deal with your deep fear of rejection and learn to accept love first from yourself and then from others without the fear of losing.

We truly never lose love, only the source in the physical.

Love is eternal and when I accepted this and law healed many old wounds I was able to stop pushing everyone I loved away from me.

Blessings — **Springeagle**

Dear Springeagle:

Does an acquaintance I know have any feelings for me now or does he think I'm a loser? Did he ever feel anything for me or was it all in my head?

Thank You **Becca**

Hi Becca:

Yes he has feelings but feelings are fleeting and they change depending what the input is. If you feel he feels negatively about you are right and if you wish it to be positive then you must change your thoughts regarding yourself.

Blessings — **Springeagle**

Dear Springeagle:

I have feelings for a person and wonder if this person feels anything for me. Sometimes it seems like he does and then I begin to doubt myself. — **Dianne**

Hi Dianne:

I have found that everyone has feelings for all it come into contact with in life.

Yes this person feels most likely feel what you feel but for many reasons may be in a very different space and they may or may not mean anything at all to him. What you feel. The question is will he in space to admit it, do they realize it and what they wish to do with it.

Many times in life people do not realize what they truly feel for another and deny any feelings at all for whatever reason they may have.

Blessings

Springeagle

Dear Springeagle

Is there something like an 'exam' phobia

because I'm sure I've

got it. I dislike exams immensely, but I can go to them so I guess I don't have a true case of phobia. However, once there my mind turns blank, I can hardly understand the questions and I just can't seem to do anything in an orderly manner - for example, I tend to answer a question from the middle part, jump to the last questions and maybe finally take a look at the first question.

Any idea of a 'cure'? — **Justan**

Hi Justan:

Exam Phobia is usually referred to as a Fear Of Failing. When I was in school I was terrified of exams. I would mess them up and have mental blocks when I tried to answer the questions. I quite school early due to this problem.

Later I went back to school. I decided to change my thinking about the situation and have fun with it. I paid no attention at all to whether I was right, smart or would even pass at all. I was there to have fun and do what

I could. I browned out and had no fear at all with this new head-space. Try it.

Blessings and Love

Springeagle.

Dear Springeagle:

With everything that is going on in my life I don't understand why some people take life as a joke. I can understand taking jokes but when someone is having a major problem in their life and everyone is laughing about it, how do you deal with that? I am getting so frustrated with it all, sometimes I feel like ripping my hair out and bursting out into tears while yelling at everyone. How can I, go about telling them that it is not a joke nicely and not cruel?

Thank you — **Simon**

Dear Simon:

You cannot change other people and if this is how they wish to live you will have to accept that fact. Looks to me like you are in the wrong place for the type of companionship you truly need. These people may fulfill some part of your needs but you may have to find others that will be a little more serious and will help fulfill others. It's always nice to have lots of friends and the differences will enrich your life.

Blessings and love — **Springeagle**

Dear Springeagle:

I have a problem making the right words come out of my mouth when needed to be said. I tend to say the wrong things to people that make them hate me when really all I am trying to do is say the right things. How can I fix my problem and say the right things instead of the wrong things?

Sincerely — **Cory**

Dear Cory:

I think you may be trying too hard to get people to like you and therefore rushing into speaking too quickly without thinking things through completely. Slow down, think longer and choose your words before you

put them out. You will most likely get some things right this way and you need to believe that some people will like you without your trying to get them to, and others just will not for no reason of your own.
Chill!!!!!!!!!!!!!!!!!!!!

Blessings and love — **Springeagle**

Dear Springeagle:

I am eight-teen years old and I feel all the time as though I am carrying the weight of a ten-ton truck on my shoulders. I have a problem; it is that everybody I know asks me, family and friends, to keep secrets. My family is an abusive family that plays head-games because of their pride. My parents split-up years ago when I was 4 and divorced many years later when I was 11. Through the years of my parents bastardizing one another, police and the court system many times I have witness forms of physical, psychological, and spiritual abuses. I, by the age of 12 started running away and at 15 I started living on the street. Through 16 to 17 I went to an alternative school while living on the street on and off. I dropped out of school and went into a relationship that was irrefutably abusive. I ended up abusing my spouse and spent some time in custody. I am 18 years old and I am an abuse victim and an abuser. How can I help myself to break the cycle?

Thanks **Janine**

Dear Janine:

Speak up and stop keeping their secrets. Abuse is not something that heals if left hiding under a rug or in a closet. I believe that secrets is what keep abusive families abusing.

You will then need to seek the proper therapies to deal with the emotional problems you are and have been experiencing in order to heal them and let it all go.

Have you listened to the band from England: Tears for Fears, a song entitled "SHOUT?" If not listen to this band and do what the song says. I did and it does work. We all need to stop keeping dirty family secrets and SHOUT!!!!!!!!!!!!!!!!!!!!!! Then maybe we will heal!

Blessings and Love

Angel

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<http://angelwing309.tripod.com/believing/WorldAbuse>

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All are Equal

All are equal and all belief systems have equal importance to Humanity.

Thus meaning that we all have an equal place on this planet. Each to travel upon different roads all leading to the same end and thus beginning.

There is equal importance in all beliefs and that Our Creator is known under many names all being the same.

Sex is earthly {a part of the material world given to us to use to create and heal each other}. Our Creator, not being earth bound nor in a physical body is a much higher being than us who still have the needs of the Psychological realm. Therefore sex becomes a very important part of our realm and has only a place within our creator to give to us as a physical gift to be used in a sacred manner. Neither Female nor Male is of greater importance and our creator is all.

We are living within this realm to learn, learning takes growth, growth takes pain, strength comes from the endurance of life's

PHILOSOPHY by Angel Femia/LoveCry

pains and gentleness comes from life's loves.

Our greatest lessons will be Unconditional Love and Forgiveness. Forgiveness will be the key to Unconditional Love.

Love Is The True Healer!

I Hope!

Angel Femia
I hope I am ready
When I am called
To enter an new world
Will I stand tall
I hope I have courage
For what lies ahead
My dreams sometimes scare me
I jump out of bed
I hope I have wisdom
To do the right things
When trouble comes

I will need balance rings
I Hope I have logic
To plan what comes next
In times of danger

All is not in our text

I hope I have guts
When I face the unknown
The strength to hold fast
And the honor you've shown

Blessings and Love
— **Angel**

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