

Poetry By Angel Femia / LoveCry

Lying To Yourself

Angel Femia
 You believe I don't see
 I see clearly
 You believe I don't hear
 I hear crisply
 You believe I don't know
 I will tell you
 I have done that
 I bought the shirt
 I wrote the script
 Your far too young
 To wreck your life
 So grow up and see
 The only one who is not
 Hearing, Seeing and Knowing
 You are lying to yourself

I Am Free!

Angel Femia
 You needed help
 My heart was open
 You walked right in
 Not just in the room
 But into my mind
 You took it over
 You took control
 I gave you trust
 You deceived me
 I gave you forgiveness
 You used it against me
 I gave you sympathy
 You took my soul
 Drained of all my energy
 Sick and tired from your' hate
 Finally, I catch your act
 You deny, over and over
 We argue and fight
 Until you saw, I broke free
 You screamed, lied and tried to destroy
 Me, all I love and hold dear
 I turned my back
 You cried and wailed
 I ran so fast, could not hear you
 Finally, you are gone

My possessor
 I shake with the change
 Freedom, from your dominance
 My mind racing into the light
 Farther and farther away from you
 I smile in delight.

Selfish Existent!

Angel Femia
 Are you satisfied, that you got your way?
 Do you smile, at the end of the day?
 Did it hurt, to see how cold you can be?
 Using others to succeed in your scheme.
 When you close your eyes, are you able to sleep?
 Is your mind clear, and joy yours to keep?
 Or is your guilt rising, blocking your rest?
 Are the pictures of others, crying, filling your head?
 Manipulate and control, causes horrid pain,
 Is this what you live for? what a waited brain,
 Taking and hording, no matter the price,
 A selfish existence, you better think twice.

New Seeds Of Love!

Angel Femia
 I need to breath
 So please clear my space
 Watching you hate
 Is an ugly face
 I want to feel
 The joys of life
 So turn away
 And live you lies
 I'm going to ride
 High on the waves
 And deal with the sadness
 That comes my way
 Not live illusions
 Or play your games
 Of closed mind, closed heat
 It's life I claim
 So you go that way
 And I'll go this
 I'm sure you'll cry

Over what you missed
 But I will find
 All I truly need

And build my soul
 To grow new seeds
 Of Love!

Jealous Competition!

Angel Femia
 Competing with you, and you with me
 I'm horrified, at what I see
 Blow my mind, rip my heart
 Your jealousy, begins to start
 It takes control, you become so mean
 In hateful ways, I've never seen
 Lashing out like a storm, out of control
 Blowing with high speed, your winds rise and role
 Crushing whom ever, gets in your way
 Wanting the prize, at the end of the day
 You win, it's yours, bloodsheds behind
 You gloat, you shine, as your ego does climb
 And now tell me, do you feel so strong?
 Did you win the war? Can you sing your song?
 Does it make you feel good, when you try to sleep?
 As you remember the hate, you drilled so deep?
 In the name of wining, you rip and tare
 Don't you even feel a little despair?
 Does your conscience race, as you see the eyes
 Of the ones you shattered, within your lies?

Will We Ever Learn?

Angel Femia
 Hearts shedding droplets of pain
 Angry words dominating
 Fear rises in flames from hell
 When will it stop?
 Eyes filled with salty tears
 Violent moments braking minds
 Someone falls to the ground
 Is this the end?
 We are the human race
 We're suppose to know better
 Animals don't kill their own
 So why do we?

They break the ground and move the dirt
 Then Place your body low
 Above the grace, where you lie
READS:
 By my hand, my love doe lay
 In my pain and anger I took your life
 Will we ever learn?

You want to be Loved!

Angel Femia
 You want to be loved
 Who says you can?
 Do you love yourself?
 You want to be wanted
 Have you looked inside?
 Do you want yourself?
 You want to be cared for
 But you drove home drunk!
 Do you care for yourself?
 You want to be desired
 You are yelling at me
 Do you desire yourself?
 You want to be trusted
 But you doubted my word
 Do you trust yourself?
 You want to be respected
 You just disrespected that lady
 Do you respect yourself?
 You say to me again, you want to be loved,
 Who says you can be?
 Unless you begin to love yourself!

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<http://spiritual-majic.com>
<http://lovecryheals.com>
<http://angels-wings.net>
<http://lovecry-2008.tripod.com/>
<http://lovecry.org>
<http://angell18.tripod.com/>
thejoymissionofgod/
<http://lovecry2007.tripod.com/>
<http://angel-light.tripod.com/>
<http://majic-angel.com>

Big Event Planned that will rock the city and the TTC!

The end of July, TTC Environmental Citizen's Group, the Toronto Rocket Riders, and TTC – Time for a Change is having a big event for:

People to bring their solutions to the TTC or have never gotten a response & for people who keep complaining about a vital issue and get no responses.

It will most likely be middle to end of July, location hopefully the CBC – Head

Office on Front Street, live on radio, open to the media and TTC Executives will answer to the transit riders, instead of the other way around.

I need this event to be publicized, for people to have six months notice if they have any solutions or complaints that aren't dealt with and they want others to know about, and for people to come up with amazing solutions they want everyone to know

about.

Why am I doing this? Because thousands every single month die needlessly before their time because of air pollution and the TTC could play a very powerful part in making Toronto an outstanding city for the people, IF they listened to what people say.

Janice Ashby – TTC Environmental Citizen's Group
 <oneplanet4life@yahoo.ca>

Roger Brook – Toronto Rocket Riders
 Ian Howard - TTC – Time for a Change (York University).

Janice C. Ashby, Chief Visionary Officer
 TTC Environmental Citizen's Group
<http://ttctransit.blogspot.com>

We get to create the speed of which policies are changed.

Community Announcements

By Angel Femia/LOVECRY

call (416) 392-6810 South

The Snow Lion

Joan Halifax, Roshi
 Buddhist Teacher, Anthropologist, Author, Abbot Upaya Zen Center June 13-15 2008
LECTURE: Engaged Buddhism
 Practicing Compassion and Fearlessness in an Endangered World
 Friday June 13, 2008 7:00 - 9:00 pm \$30
RETREAT: Practicing like a Bodhisattva
 A Retreat on Wisdom, Compassion, Altruism and Courage Sat-Sun June 14-15, 2008 10:00 - 5:00 pm \$280
LOCATION: Multi-Faith Centre for Spiritual Study & Practice / U of T, 569 Spadina Ave.

Ralph Thornton Centre

CHILDREN AND YOUTH PROGRAMS

Mentor Program
 Designed to assist elementary school children from the immigrant Chinese community who need support in developing their English language skills, school work and cultural adaptation.
 For info you can e-mail us at mentor@ralphthornton.org or call us at: 416 392-6810 ex 231 and ask to speak to Mei Lam for the Mandarin program or Gary Lai for the Cantonese program

RAC Summer Fun Day Camp

An 8 week recreational program for children 3 -12, co-sponsored with Jimmie Simpson Recreation Centre and WoodGreen Community Centre. Half day program for 3-5 year olds, full day for 6-12 year olds. Activities include arts and crafts, computers, sports, games, trips, swimming lessons. Activities at the three centres.
 Pre-Registration every May. For information

Riverdale Child Parent Drop In Centre
 Drop-in for parents/caregivers and children up to 5 years of age. Drop-in program hours; Mon, Tues, Thurs, Fri 9:00 am - 1:30 pm. Workshops, outings, special events: Wed - previous sign up required. Staff available for consultation: Mon - Fri 9:00 am - 5:00 pm. For info call (416) 469-3776
 Summer Employment Opportunities
 As a counselor in our summer camp. For info call (416) 392-6810

ARTS AND RECREATION

Joy of Writing

Joy of Writing - Friendly supportive writer's workshop; activities include reading, writing and discussion. Any one welcome. \$1.00 donation to Centre requested each week.

Tuesdays: 7:00 - 9:00 pm, ongoing.
 For info call Lucile Barker (416) 392-6810

International Folk Dancing
 International Folk Dancing to the music of many countries. Meet new friends. Donation includes membership to the Centre. Thursdays: 10:30 am - 12:00 pm
 For info call Al Gladstone (416) 466-5651

Lorraine Fleming Professional Dance School
 Highland, Ballet, Tap, Jazz & Baton, ages 3 & up
 Saturdays: 1:00 pm - 4:00 pm
 For info/cost call Lorraine (416) 461-0567

Wing Chun Kung Fu

Learn the traditional Master Technique that has a history of over 250 years. It is a scientific and practical form of martial art. Its techniques are enlightening and will bring equilibrium to body and mind.

For info call Chris Blake (905) 450-1967

WoodGreen Community Centre:

Helping people find affordable and safe housing

Our services are aimed at helping people find and keep housing that is affordable, secure and safe. Specifically, we help individuals in the following ways:

1. Providing access to reliable housing information and related support services
2. Assistance with finding and keeping housing through FREE resources, interest-free loans and grant programs (where individuals meet the eligibility criteria)
3. Advocating for the maintenance and improvement of low-cost housing for tenants
4. Assistance with finding emergency shelter and long-term shelter in the case of evictions, fires, evacuations of rooming houses, and other crises
5. What can you expect?
6. We work with individuals and families who are homeless or under housed in East Toronto. While all of our services are FREE, in some cases individuals must meet specific criteria. To get more details about our services and eligibility requirements, please drop in to WoodGreen's Info Link Community Information and Housing Help Centre at 835 Queen Street East. Or you can call us at 416-469-5211 ext. 1175
 Community information and housing help (ext. 1175)

WoodGreen's Info Link Centre provides one-on-one support to people struggling to find affordable housing and those trying to maintain their housing. We provide the following:

- FREE phone and fax services, as well as TTC tickets and information ?all to help you with housing searches
- Information about and assistance applying for subsidized housing
- Up-to-date information on the Tenant

Protection Act

- A list of local landlords who have units to rent

- Referrals to other services
- Landlord and tenant mediation, and eviction prevention services

Support for individuals and families facing eviction (ext. 2166)

Through its Rent Bank Service Project, WoodGreen helps individuals and families (not receiving social assistance) facing imminent eviction by providing:

- Interest-free loans to cover the rental arrears for those who have received eviction notices
 - Negotiation, mediation and conflict resolution services for dealing with landlords
 - Assistance and advocacy (for those receiving social assistance) in accessing additional financial support
 - Access to other loan programs
- Emergency response to rooming house closures (ext. 1145)

In partnership with The Salvation Army and the Canadian Red Cross, WoodGreen's Rooming House Emergency Relocation Project provides 24-hour, 7-day-a-week emergency response to rooming house closures, fires, urgent hazards, or essential service cut-off. Specific supports for rooming house tenants include:

- Connection to emergency shelter, food, clothing and legal services
- Linkages to social assistance for additional financial support
- Assistance with long-term housing