

Verbal Abuse Grows Into Violence

Verbal Abuse is very destructive to the Human Mind and destroys many good people and their lives. Take a look at the black sheep of the family theory. This black sheep has been teased and ridiculed, mocked and laugh at almost from birth. Many of those people have had horrid lives, believe they are the cooser, destroyer, core of all problems and just not good enough for anyone to love or to love anyone. These people begin to believe they are what they are being told and then become it. One example is as a child I was constantly being told I was stupid, retarded, crazy and a cooser. For many years I believed this to be true and my life was a complete mess. I was going through life building and destroying what they build. Completely self destructive due to this verbal negativity I had been drowned with.

Verbal abuse sounds hateful at times and funny at others. Much of our so called sitcoms, {such as the Simpson's and South Park}, are highly verbally abusive. I married into a family with nine children. The teasing they did to each other was very funny if you were on the outside. One day I looked into the eyes of the one who was being teased at the time and say a slight tear come to his eye. I looked closer and saw very clearly that he was hurt by the teasing but did not want to look like a wimp. This showed me that to outsiders it may be funny and the person being teased may seem like they are laughing but the truth was that inside this person was hurting and just playing along. The damage done was severe. Much of that family, to this day drowns this pain out with drugs and alcohol.

Our authorities are just now realizing that these and many other entertaining show, movies and music, containing verbal abuse are teaching our children to be hateful, uncaring and violent. We can see this to be true when we see the fighting and violence in the playgrounds and schools.

Verbal abuse is anything from putting a person down cracking jokes about their shortcomings, teasing, mocking, blaming, judging in fun or otherwise. What this does is cause us to be insecure with ourselves, defers us from trusting our own judgment and decision making processes, and many times suicide.

This problem does lead to suicide in many cases. Several of my friends have died by their own hand and I tried to kill myself for years until I finally found a good therapist who taught me how to think properly about myself and we turn it around. Now I love myself and so should you.

Verbal abuse causes SELF HATRED. This is no Cool!

The Heart Of Abuse!

Not really shocking but rather a great deal more horrifying. Our children are playing the same games mommy and daddy do, the same games our hero's do in the movies, t.v. shows and music videos and the same games the Road Runner played with his predators in the children's cartoons.

Today many kids think nothing of flashing around a weapon of some sorts. It makes them

seem tough and somehow protected from the others. Many are holding knives and some even guns. Several of our schools even have metal detectors at the entrances. Some of these kids are so young that they truly believe if they shoot their little friend this friend will just get up after wards. Like the Road Runner, the Rabbit and Popeye did.

The Road Runner, {in the cartoon}, always gets bashed over the head with some blunt instrument, then we see that in the movies and soap operas, it seems that our hero's are invincible and that they have several lives given the torture they endure and bounce right back out of again.

In our families, our adult members yell, degrade, scream, threaten, brake things, throw things at each other, beating each other and at times even killing each other and their children. But still stay within the unit and do little or nothing about the real problems that are causing this violence, or even looking with open eyes as to how severe this problem truly is. Repercussions don't matter until its far too late.

I have been in a few very violent relationships in my life thus far. During that time I acquired several broken bones, lots of cuts, bruises, stitches, humungous goose eggs on my head, and even a few near death experiences.

This violence did not just come to me out of thin air. I was depending on the other person in the relationship for certain emotional strengths and weaknesses I needed and that he had and been as dependant on me for what I had that he needed. We proceeded to use each other similar to feeding off each other like vampires. When I decided to get into therapy for these problems I found that my thinking was almost always of a violent nature. Most people think in disrespectful ways when they get crossed or hurt by another, immediately thinking of ways to get that person back {vengeance is violent}. This as well, I've learned is emotional violence. The horridness of violence comes in many different forms.

Further into the therapy sessions we found that these thought patterns came from:

1. Child Abuse
2. Violent Entertainment {different forms of violence is found in some music, sit-coms, movies, sports, television shows and of course the news broadcasts}
3. Witnessing Violent Acts everywhere
4. The Way Our Families and People We Were Connected to Within our Communities speak, treat and think towards each other.

Even in many of our so called jokes we have degradation and violent messages, thus sooner or later leading to more and harsher forms of violence.

Some music, movies and books display the issues of Psychic Abuse. Psychic abuse is a silent abuse using thoughts toward another. Negative thoughts such as silent and most

times secretive judgments, manipulations, and seduction begins to drain the life energy from the person being judged, manipulated or seduced. This type of mental behavior is known as Emotional Vampirism. This energy draining then leads to emotional or spiritual draining. Once the spirit is drained it is easy for the human being to begin to become very disrespectful towards all others. At that point we find ourselves in nasty degrading arguments, violent outbursts and eventually blood baths.

We hear daily what the effects of negative, violent entertainment of any kind can do to our thinking. Now we are finding that even television is causing emotional illnesses such as Attention-Deficit Hyper Disorder.

The things I and many others have endured does not sound that much different then what happened to Laurel Price, the 17 year old girl from Scarborough who was beaten to her death, with a baseball bat, by her boyfriend, recently, -or- Lawrence Mends -who was already convicted of violent charges after stabbing his wife and child, -or- another person who has repeatedly used major violence to get what he wanted, who was convicted of violent charges for sticking a knife into his ex-girlfriends new boy friends head -or- the neighbor down the road where the police visited yesterday and took the father to jail, the blood still dripping from his hands. Then we can begin to deal with the home invasions everywhere. We had one incident just a few doors down a week ago where the resident of the home was pistol whipped, beaten and robbed. Of course we can't leave out the many children beaten to death by adults some of which were their own parents. Their remains found in garbage bags in many places across the Greater Toronto Area, this past year or so. I am sure with just the stories that have been reported in the media these days we can all come up with more then twenty-five stories of our own.

This behavior is completely degrading to everyone in a society such as ours here in Canada with the abundance of all and resources that can truly make differences in situations such as these. After all, do we not call ourselves the Peacekeepers, Toronto The Good and Civilized people?

Just the way the relationship between Laurel Price and her boyfriend has been described makes more sense to me as to why Laurel died in such a violent fashion. The couple were together all the time, did not have many close friends outside of their relationship and were very quiet.. Co-dependency is at the very heart of an abuse victim. Due to the pain of this specific illness, depression, self abuse and abusing other grows within the inflicted mind.

The outcome of such togetherness is called a co-dependant relationship and this is the same type of relationships many abusive households find themselves sharing these days. Co-dependency is usually at the very bottom of most or all abusive relationships. Any relationship with such insecurities, possession, jealousies, and control issues is doomed to become violent.



Angel Femia

Our society has done very little or nothing to really get to the root of the problem. Our government continues to downplay the need for control over the abusers, or the therapy needed to heal the mess that has been made in the minds of both abused and abusers. If we don't all begin to drop the pride and denial regarding abuse this situation will only worsen.

More and more people, especially children and teens will be finding themselves in very similar situations as Laurel and her boyfriend have ended with. More people are abusing and thus more will in the generations to come without societies and our governments intervention with the proper answers.

Many of us sit back and talk about how terrible abuse is then return back to our safe comfortable homes. Then the unfortunate families that live within abuse go home just to commit more or have it committed onto them, until one or more members end up on the streets, dead, or wandering through life in horrid emotional pain held inside and hidden with soul power so no one ever knows, until the well of pain gets so huge it explodes and so do their lives.

Take a good look around and see how many of you have at least one friend, or their child, family member or their child, acquaintance or their child, that have undergone emotional brake downs, -or- charged with violent offences, -or- became addicted to some form of substance, {booze/dope}, -or- lost all they had acquired, -or- hit the streets. Then take a look at how many people you know that have been beaten, sometimes close to death or even death in this past year. The answers may shock you.

Blessings and Love
— Angel

- <http://spiritual-majic.com>
- <http://lovecryheals.com>
- <http://angels-wings.net>
- <http://lovecry-2008.tripod.com/>
- <http://lovecry.org>
- <http://angell18.tripod.com/>
- <http://thejoymissionofgod/>
- <http://lovecry2007.tripod.com/>
- <http://angel-light.tripod.com/>

July 14 Speech At United Church, 300 Bloor Street West

Dr. Bob Bowman, Lt. Col., USAF, ret. Na-

tional Commander, 101 Combat Missions in Vietnam as fighter pilot

PhD in Aeronautics & Nuclear Engineering, Caltech

Directed all DoD "Star Wars" programs under Ford & Carter

Democratic Candidate for US Congress, FL-15, 2006

Dr. Bowman brought forward hope for Torontonians that not all U.S. citizens are for the 911 lie told by the White House.

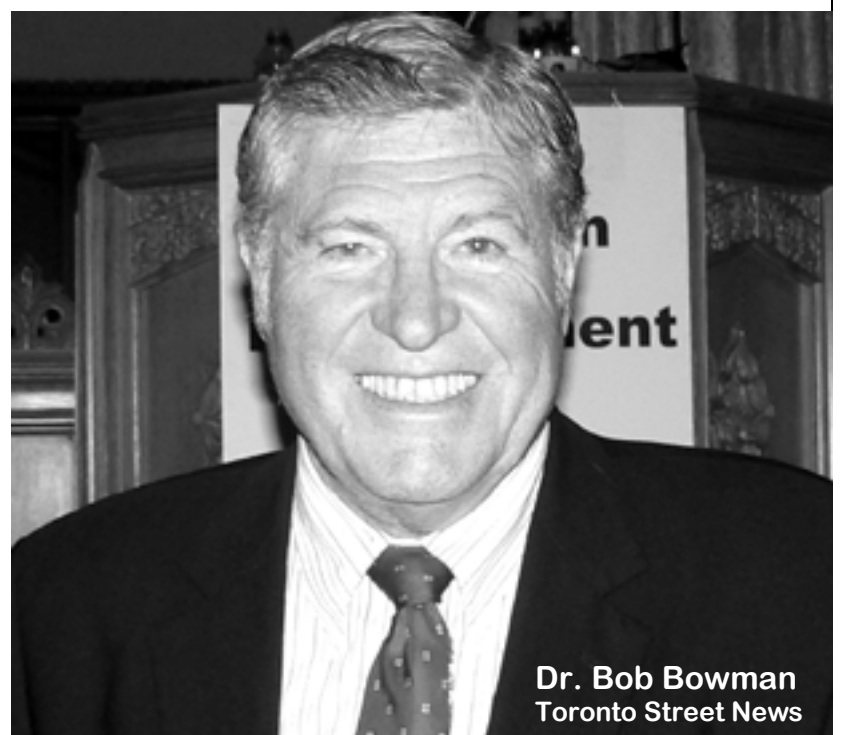
Dr. Bowman confirmed the majority's belief that 911 was accomplished only with the co-operation of the U.S. government.

He is one of a great many engineers and aeronautical experts who has stated that it takes more than kerosene to burn through several feet of solid concrete and steel to pancake buildings.

He was well received by a rap audience of Torontonians who welcomed him and laughed at the facts he related about the U.S. teacher who told his daughter that Canada was not free and it was dangerous to visit here.

He also related that his days are numbered as he suffers from cancer due to exposure to the President John usage of Agent Orange in Vietnam.

The gathering was attended by a number of Rothschild agents who regularly surveille all 911 truth events.



Dr. Bob Bowman
Toronto Street News