

**Dear Springeagle:**

I noticed that a couple of the experts didn't seem to care for that particular trait and I'm confused.

As defined in my thesaurus: Being steadfast in your allegiance to a relationship or country.

I take that to mean staying true as long as you are in that relationship, etc. Not that you can't move on, but to do so without trashing everyone involved, in the process.

So many times I've seen relationships where the parties have disdainfully aired every thought or action their partner had ever expressed. (And some they only imagined)

How can an honest relationship exist if the parties believe that somewhere down the line their mate will reveal their most vulnerable selves expressed privately while in love?

What am I missing here? **Jim**

**Hi Jim:**

There can be no trust in such situations. I confide in someone and they blab or gossip then they are untrustworthy and disloyal. This is not good and this person should stop and grow up.

We all need to learn more about how to care for each other especially in areas such as these as we all have parts of ourselves that we only wish to share with the special people in our lives. This does not necessarily mean that we have done rotten things just that some things are more intimate and need special care.

Blessings and Love **Springeagle**

**Dear Springeagle:**

I have a friend that will not talk to me. I have been trying to figure out why so this can be resolved. She told me that I broke my word too often. I try not to but I guess I must on some level or she would talk to me. She says it's not a big thing but it is very important and the only thing I can think of is that I call her and tell her I will be over at a certain time and am always late or just can't get there. I call during this time to tell her I will be late several times and then don't make it. I just don't understand because I do call her. Please help.

Thanks **Denise**

**Hi Denise:**

I have had many friends that made promises and did not live up to them. Some would call,

# Springeagle

due to some emergency and were respectful and this I greatly appreciated, but those who called and changed the time more than once or twice, using some poor excuse they made up most of the time, or just did not call I do not respect or trust.

This answer is simple but important. When you give your word to a friend and brake or don't keep it, it hurts. A sad feeling enters into your friend's heart and that hurts. As friends we are obligated to shelter each other from pain especially the pain we cause each other. We are to learn to love and this starts with family and friends.

If you call and say you are going to visit or going somewhere with your friend, you should do everything you can to keep your word. If you are unable to make it you should always call, but you should not ever keep them waiting any longer than is absolutely necessary. You should never make up excuses as they are outright lies no matter how you hake it.

Trust between friends is highly important and not using proper consideration towards your friend's feelings brakes the trust thus rendering our friendship to dysfunctional at best.

Go talk to your friend and do some work on changing the bad habits together to rebuild the trust you need.

Blessings and Love

Springeagle

Dear Springeagle:

I have a friend who is shooting cocaine up his arms. He steals from me and treats me like shit. The lies he tells are deeper than lake Ontario. My friend was very trustworthy until he began to take this drug. He was well mannered and kind. Now he is selfish and mean. When I tell him that he is an addict he get very angry and sometimes threatening. What

do I do.

I just don't understand. **Eric**

**Hi Eric:**

Cocaine turns good people into the worst anyone can be. A coke or crack addict will rob anyone blind and go as far as to kill their own mother to get the drug. That is as bad as it can get.

Tell your friend the truth and leave him alone to sort it out. If he does not get it there is nothing you can do but let him go.

If and when he chooses to realize the problem and deal with it help him to contact the proper help. (The Salvation Army's Harbor Lights and The City of Toronto's Native Men's Residence are two of the best places to call in Toronto). Detox and Rehab is necessary and after that Proper Therapy is needed to get to the root of the addiction and to change learned habits back to humane habits.

As I said Coke and Crack turn good people into monsters.

If your friend chooses to keep doing his drug the best you can do is let him go and have an open heart if he ever does truly wish to quite.

One more thing is that to be very careful of is that coke and crack addicts go in cycles. They will stop the drug for usually three days and convince us all they are quitting but they run back to the drug usually on the fourth day. This can go on for years. Stay as far as you can from this game because getting involved and enabling our friend to do this it will destroy you. They have to truly be willing to quite to do it right.

Blessings and Love **Springeagle**

**Dear Springeagle:**

In the "Holy Word of God", known as the sacred Holy Words of the Prophets of old, and the New Way Apostles writings of the present so called the BIBLE".

Brother and Saint Timothy says this:

WOMEN....Should still be, the old Hebrew

& Islamic ways....Why? When we are living in the New Age of America.

Where women are liberated. Where women are Baptized & Filled with the same "Holy Spirit Words and

Teachings, Gifts and Fruits," as the homo-sapient primate and angelical human males of 2001.

So here is my ? Do we modern born again newly Christian believer females, live under the old or the new?? Who are we to believe NOW?

The Holy Spirits voice in our minds too? The Apostles & Disciples teachings of 2001 years ago?

Our Brothers in the New Christian Churches?

The Old Hebrew & Islamic elders & prophets?

Thanks. from **sis D.**

**Hi sis D:**

If you truly look at the scriptures and other readings you have listed most or all were written by men. This is why the old is referred to a patriarcale.

Male dominated. God is neither male or female and neither should be dominating.

I have much trouble believing any teaching that was completely created by either men or women.

To get to the truth we need a balance of both. God intended us to grow. Both men and women. To support each other and each have answers to the whole.

If you look closely at any form of nature you will see both masculine and feminine in all of God's creations. Completely balanced to perfection. This is what God intended for us as well.

I pray this helps:

Blessings and Love **Springeagle**

<http://spiritual-majic.com>

<http://lovecryheals.com>

<http://angels-wings.net>

<http://lovecry-2008.tripod.com/>

<http://lovecry.org>

## Why Not Positive Thinking as Opposed To Expecting and Worrying!

Do you realize that what we think is what we create?

Expecting, or what some would refer to as worrying can have devastating effects on our lives, in way most have never truly looked at. Everyone has herd how positive thinking obtains positive effects. For the most part this is very true, but first we have to stop expecting negative as well as stop all worrying in order to get the proper results from our positive thinking.

Many people hear that positive thinking will change their lives and just immediately begin to change their thoughts to do so. They don't stop to realize that first we must stop the negative thinking and to do so we must first clean our habitual negative thoughts and replace these thoughts with a new habit of positive thinking, for this to work properly.

Worrying is negative expectations and this is a lack of faith. For anything good to happen in our lives we must stay focused on the positive. We must believe that this can and will happen. Many of us try to force our selves to think positively but worry about the outcome. We say they are in total belief of the situation but worried thoughts are constantly popping us and the stress and tention is felt all around them.

Example #1:

I, once hated myself deeply due to the great

deal of abuse I have endured within my life. I

### PHILOSOPHY by Angel Femia/LoveCry

found people treated me as I was treating myself, and no one really wanted me around. I remember always worrying as to weather people liked me or not and with this worry came very negative results. Every time I worried I found that these people reacted very negatively towards me and they explained to me that they felt very uncomfortable in my presents.

Since then, I have been learning how to love myself and I have found that, when I love myself most others love me as well, {even when they don't want to}. There was one girl I knew, who wanted to hate me but found she could not do so. She even went as far as trying but the results she wanted never came. Many people have told me that they love me and have no idea why. I explain to them that this is due to me loving myself and by doing so I pull on people's hearts strings, without even trying. God does work in mysterious ways. When one loves them selves, God makes sure that love is returned.

Example #2:

I recently received a call from a person who had left my home in an angry manner. In his exit he made it very clear that he would not be returning. He had left behind some articles. A few days later he called to retrieve these articles. I had already given them away. He proceeded to yell at me about positive thinking not working, and that what he had learned was all lies. I explained to him that every time I looked at or touched his articles, the negative energies, he was going through, entered into me and I did not want that happening.

His mistake was in not addressing the negative energies inside him self. He believe a positive, which was that I would hold onto his things, {if the energy was positive or netural I

would have kept them}, then due to the fact that he was sending out negative energies with the positive thought, the outcome was negative. Later, during this conversation he admitted he had also been worrying about his things and thus eliminating any positive thoughts he had also had.

Many time, we ask the universal question: "Why Me God?" but do we look clearly, without ego interference at the answer.

If we think negative we will receive negative. If we harbor lingering negative emotions or unresolved problems then too the outcome will be negative. As well as if we press ourselves to think positive but do not clear out the reserve of negative build up, things again will turn out negative.

If we truly want positive results from our thinking we must:

1. Clear out all old resentments and unresolved issues.
2. Learn to change our habitually negative thinking to positive.
3. Stop worrying completely.
4. Have faith in something and our selves.
5. Be aware that it does take time for these changes to take effect.
6. Be patient with our selves. If we continue working on changing our thoughts eventually we will see very good results. {it took a long time to learn to thinks so negatively and it will take time to change it as well.}
7. Have faith and do not give up.

Try to imagine what this world would be like if every one worked on this problem together. It's then that we would be in full un-

derstanding of what Christ was trying so hard to teach us, when he said things like: "Physician heal thyself and Go forth and create, in the name of God!"

Below is a poem regarding this topic:

**Beauty/Beast**

by Angel Femia,

In the depth of our souls,

The beauty and beast reside,  
You are the master,  
And thus decide which you shall be,  
Using your belief of what you are,  
You create what you become.

"Today, I shall be radiantly beautiful,"  
And with the shimmering light of love,  
Circling around my being, I am.

"OR"

**Today, I shall be ugly and evil,**  
And the darkness of hell,  
Circles my being, so I am.

The master is in our minds,  
With thought, to our soul,  
a message is sent  
And we become whatever we decide,  
As we are the creators of what we shall be  
So create with the force of LOVE.--

**From Hindu Wisdom:**

May the Lord of day grant us peace.  
May the Lord of night grant us peace.  
May the Lord of sight grant us peace.  
May the Lord of might grant us peace.  
May the Lord of speech grant us peace.  
May the Lord of space grant us peace.  
I bow down to Brahman, source of all power.

I will speak the truth and follow the law.  
Guard me and my teacher against all harm.  
Guard me and my teacher against all harm.  
-Taittiriya Upanishad