

Poetry By Angel Femia / LoveCry

Here is the poetry again of the Heart

Angel Femia
 Emotions rushing through my being
 Like thunder crashes into rain
 Desperately holding back the tears
 From a chilling thought of a night
 That could have lasted forever
 One more tie broken
 One more ounce of love forbidden
 Only for our songs to be sung apart
 Life now to be a more golden ray
 The remembrances and echoes remaining
 within
 Time forces tears to flow from my eyes
 Troubled thoughts soar within my mind
 Searching for a reason why emotions grew so
 quickly
 In a heart where nothing would grow
 Not so long ago
 Careful now
 Let my heart show
 Never to close again with any loss
 For open the gain will some day be much
 brighter
 The tears and thoughts will only remain an
 echo in time
 A loving memory of my hours with you
 And how you reopened my heart.

Long Awaited Ride

Angel Femia
 Your turn to take a long awaited ride with
 happiness
 To add one more star to the sky
 Shining in elegance
 To glide endlessly on the magic carpet
 Woven with glimmering colors from the rain-
 bow
 red, green, gold and blue,
 To smell such beauty the flowers glow in the
 dark
 To watch the pillow clouds change their form
 To embrace fear with warmth from the sun
 To bring out the feelings we so often hide

within our shelter
 To witness the cool blades of grass as you
 walk in the fields
 And the warmth from the sand
 And then to the ocean to gaze you gaze
 You raise your goblet and toast the heavens
 above
 For all the love, you've just found.

Another Space

Angel Femia
 My mind racing with thoughts
 All of which are headed no where
 Round and round my mind they travel
 Doing nothing but interrupting each other
 My eyes staring into space
 Not really seeing anything
 Rather looking straight through it all

My body sitting here almost lifeless
 Not wanting to move for any reason
 Constantly trying to concentrate on my life
 But very will to bother at this point
 Trying to find a way to get my feet off the
 ground
 Is taking it's toll on my emotions
 My heart at times winds in sadness
 But yet the love is still there
 To grab the will left in me
 Any more my thoughts into the space
 Where I can find my way.

To Wake With Love

Angel Femia
 Morning mist wakes up my eyes
 A bright new day begins
 Sun comes up and breaks the ties
 Moon says - yes - you win

Crisp air touches the glittering dew
 Left on the blades of grass
 The day yells out Hello to you
 We wont let this one pass

Go along you in your shining way
 Let this day begin
 With laughter and happy things to say
 Love to show from within.

For Now It Is Open

Angel Femia
 For weeks on end
 I've felt as though
 I was about to loose something
 Whatever it was - was close to me
 But at the same time
 I wished it gone
 The horrible little child
 That was part of me
 I had forgotten
 And needed to mend
 Her broken heart

Due to a change in my life
 I was able to help her see
 She was compassionate
 But at the same time very cold
 She'd love you one minute
 But hate you the next
 I let her know I would be there
 And never again forget
 She is my heart
 My future may now ring clear
 I know not where
 But I may look
 With my heart as well
 For now it is open.

The Love That I've Found

Angel Femia
 When I was a child
 Naive and so scared

You held my hand
 And covered my fear

As I grew older
 I felt insecure

You taught me good things
 To help me be sure
 Whenever I cried
 You held me real close
 But I closed the door
 From - Love
 For the most

As I grew older
 You stayed by me side
 I also grew colder
 Still along for the ride

Now when I think
 Because of my fears
 I pushed you to the end
 Caused nothing but tears

Through all of this
 You kept my around
 Now I don't miss

The love that I've found
 So now comes the space
 To show how I feel

Face to face

I love you - It's real.

 Blessings and Love —Angel
<http://spiritual-majic.com>
<http://lovecryheals.com>
<http://angels-wings.net>
<http://lovecry-2008.tripod.com/>
<http://lovecry.org>
<http://angelll8.tripod.com/>
thejoymissionofgod/
<http://lovecry2007.tripod.com/>
<http://angel-light.tripod.com/>
<http://majic-angel.com>

TORONTO PLAYBACK THEATRE

Presents A Playback Theatre Sampler

“People need to tell their stories. It's a basic human imperative. From the telling of our stories comes our sense of identity, our place in the world, and our compass of the world itself.”

-Jo Salas, original member of Playback Theatre

Playback Theatre brings “theatre back from the domain of entertainment to its earlier purpose of preserving memory and holding the tribe together.”

-Jonathan Fox, Founder of Playback Theatre

Join us for a day of Playback Theatre in the studios of the Distillery District.

This one-day program is designed for actors, arts-based practitioners, and facilitators in healing and community arts who have an interest in getting “inside” the experience of Playback Theatre by trying on the roles of actor, storyteller and musician. Playback Theatre uses storytelling and improvisation to build trust and understanding within communities.

Led by Christopher von Baeyer, Artistic Director of the award-winning Toronto Playback Theatre, this program gives an opportunity for participants to work together to learn more about this unique approach to using theatre as a tool for personal, professional and community development.

The goal of the workshop is to:

Offer a professional development opportunity for participants in the theories and practices of Playback Theatre

Create a space for sharing and enacting of personal stories on themes that are important to the participants of the program

Create dialogue about future possibilities and applications of Playback Theatre in the Toronto area

Please come and bring along loose clothing to wear and stories to tell!

Limited enrollment, please apply early.

For more information please email cvonbaeyer@torontoplayback.com or telephone Chris von Baeyer 416.537.9595 or STAF 416.703.2773 x202

DATES Sunday, March 30, 2008 10:00 am - 6:00 pm

PROGRAM FEES \$95

LOCATION Nightwood / Tapestry

Ernest Balmer Studio, 55 Mill St., Bldg #58 The Cannery, Studio 316 M5A 3C4

REGISTRATION STAFF at 416 703 2773 x203 to send you form.

Blessings and Love Angel

<http://spiritual-majic.com>

<http://lovecryheals.com>

<http://angels-wings.net>

<http://lovecry-2008.tripod.com/>

<http://lovecry.org>

<http://angelll8.tripod.com/thejoymissionofgod/>

